

	Autumn 1 Health & wellbeing	Autumn 2 Living in the wider world	Spring 1 Relationships
Year 7	Transition and safety Transition to secondary school and personal safety in and outside school, including first aid	Developing skills and aspirations Careers, teamwork and enterprise skills, and raising aspirations	Diversity Diversity, prejudice, and bullying
Year 8	Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use	Community and careers Equality of opportunity in careers and life choices, and different types and patterns of work	Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia
Year 9	Peer influence, substance use and gangs Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	Setting goals Learning strengths, career options and goal setting as part of the GCSE options process	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes
Year 10	Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography
	Building for the future	Next steps	Communication in relationships

Year 11

Self-efficacy, stress management, and future opportunities

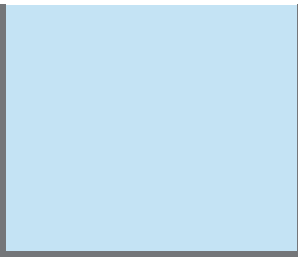
Application processes, and skills for further education, employment and career progression

Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse

<p style="text-align: center;">Spring 2</p> <p style="text-align: center;">Health & wellbeing</p>	<p style="text-align: center;">Summer 1</p> <p style="text-align: center;">Relationships</p>	<p style="text-align: center;">Summer 2</p> <p style="text-align: center;">Living in the wider world</p>
<p>Health and puberty</p> <p>Healthy routines, influences on health, puberty, unwanted contact, and FGM</p>	<p>Building relationships</p> <p>Self-worth, romance and friendships (including online) and relationship boundaries</p>	<p>Financial decision making</p> <p>Saving, borrowing, budgeting and making financial choices</p>
<p>Emotional wellbeing</p> <p>Mental health and emotional wellbeing, including body image and coping strategies</p>	<p>Identity and relationships</p> <p>Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception</p>	<p>Digital literacy</p> <p>Online safety, digital literacy, media reliability, and gambling hooks</p>
<p>Healthy lifestyle</p> <p>Diet, exercise, lifestyle balance and healthy choices, and first aid</p>	<p>Intimate relationships</p> <p>Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography</p>	<p>Employability skills</p> <p>Employability and online presence</p>
<p>Exploring influence</p> <p>The influence and impact of drugs, gangs, role models and the media</p>	<p>Addressing extremism and radicalisation</p> <p>Communities, belonging and challenging extremism</p>	<p>Work experience</p> <p>Preparation for and evaluation of work experience and readiness for work</p>
<p>Independence</p>	<p>Families</p>	

Responsible health choices, and safety in independent contexts

Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Health & wellbeing	Living in the wider world	Relationships	Health & wellbeing	Relationships	Living in the wider world
Year 7	Transition and learning habits Transition to secondary school and personal safety and wellbeing as well as developing our behaviour for learning culture and effective learning habits for the academic year	Developing skills and aspirations Careers, teamwork and enterprise skills, and raising aspirations	Diversity Diversity, prejudice, and bullying	Health and puberty Healthy routines, influences on health, puberty, unwanted contact, and FGM	Building relationships Financial decision making Self-worth, romance and friendships (including online) and relationship boundaries Saving, borrowing, budgeting and making financial choices	
Year 8	Transition and learning habits Transition from Y7 to Y8 school and personal safety and wellbeing, as well as developing our behaviour for learning culture and effective learning habits for the academic year	Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use	Community and careers Equality of opportunity in careers and life choices, and different types and patterns of work	Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia	Emotional Wellbeing/ Identity and relationships Mental health and emotional wellbeing, including body image and coping strategies/ Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception	Digital literacy Online safety, digital literacy, media reliability, and gambling hooks
Year 9	Transition and learning habits Transition from Y8 to Y9 and personal safety and wellbeing, as well as developing our behaviour for learning culture and effective learning habits for the academic year	Setting goals Learning strengths, career options and goal setting as part of the GCSE options process	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes	Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid	Intimate relationships Employability skills Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography Employability and online presence	
Year 10	Transition and learning habits Transition from KS3 to KS4 and personal safety and wellbeing, as well as developing our behaviour for learning culture and effective learning habits for the academic year	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	Exploring influence The influence and impact of drugs, gangs, role models and the media	Addressing extremism and radicalisation Work experience Communities, belonging and challenging extremism Preparation for and evaluation of work experience and readiness for work	
Year 11	Transition and learning habits Transition from Y10 to Y11 personal safety and wellbeing, as well as developing our behaviour for learning culture and effective learning habits for the academic year	Next steps Application processes, and skills for further education, employment and career progression	Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Independence Responsible health choices, and safety in independent contexts	Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	

