Bedlington Academy

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Dear Parents/Carers

As part of your child's educational experience at Bedlington Academy, we are committed to ensuring that our young people are well equipped to deal with the challenges and risks they may face in modern society. Our aim is that every student understands how to be safe and healthy and is able to manage their academic, personal and social life in a positive way.

Our WorldReady programme consists of Personal, Social, Health and Economic Education (PSHEE) and Relationships, Sex and Health Education (RSHE). Through delivery of this programme, our goal is to equip our young people with the necessary resilience, knowledge, understanding, attitudes and practical skills to become happy and well-rounded individuals. It is essential that all of our students know how to deal with the challenges of the modern world, how to keep themselves safe and healthy and how to develop positive relationships with others.

Relationships Sex and Health Education has been compulsory in all schools since September 2020.

What does this guidance mean?

The DFE guidance focuses on healthy relationships and keeping children safe. It also covers a wide range of topics relating to physical and mental health, wellbeing and safeguarding. Students must learn about the emotional, social and physical aspects of growing up, and be provided with the information, skills and positive values they need to be able to form safe and fulfilling relationships and to take responsibility for their own wellbeing. All sessions must be age-appropriate and meet the needs of all pupils in the class.

How will this be delivered?

This guidance forms part of our school's #WorldReady programme which is delivered to every year group by form tutors. It is monitored and reviewed regularly by senior Trust staff and the Governing Body. For more details about Relationships Sex Education and Health Education please see our RSE Policy : 31441-bedlington-rshe-policy-23-24-updated73.pdf

All teaching takes place in a safe learning environment and is underpinned by our school ethos and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.

Our curriculum plans are published on our website. All teaching resources used in our #Worldready programme will be available on a half termly basis on Student POD, and we would encourage you as parents and carers to discuss the content of what has been taught in school and continue those all-important conversations at home. If you have any questions or concerns about any aspect of our planned curriculum, please do not hesitate to get in contact with a member of our Senior Leadership Team.



Yours sincerely

Mrs J Kingsland
Assistant Headteacher