

Year	Autumn	Spring	Summer
7	<p>Food Hygiene</p> <ul style="list-style-type: none"> • Food Safety • Nutrition • Food Science • Heat Transfer • Use techniques in preparation and cookery of commodities 	<p>Food Science</p> <ul style="list-style-type: none"> • Function of ingredients • Macro/Micro-Nutrients • Preparation and cookery methods • Nutrition • Use techniques in preparation and cookery of commodities 	<p>Nutrition</p> <ul style="list-style-type: none"> • Special diets • Functions of ingredients • Commodities • Use techniques in preparation and cookery of commodities
8	<ul style="list-style-type: none"> • Nutrition • Food Safety • Food Hygiene • Food Science • Use techniques in preparation and cookery of commodities 	<p>Food Science</p> <ul style="list-style-type: none"> • Commodities • Functions of ingredients • Cookery methods • Use techniques in preparation and cookery of commodities 	<p>Preparation Methods</p> <ul style="list-style-type: none"> • Provenance & Sustainability • Use techniques in preparation and cookery of commodities
9	<ul style="list-style-type: none"> • Afternoon Tea • Become competent in a range of cooking techniques • Market Research 	<ul style="list-style-type: none"> • Afternoon Tea • Become competent in a range of cooking techniques • Local Knowledge, World Food Introduction 	<ul style="list-style-type: none"> • World Food, cook a repertoire of predominantly savoury dishes so that they are able to feed themselves and others a healthy and varied diet

10	<ul style="list-style-type: none"> • Hospitality and catering providers, • Nutrition • Prepare, cook and present dishes. 	<ul style="list-style-type: none"> • Health and safety in hospitality and catering provision • Food safety • The operation of the front and back of house 	<ul style="list-style-type: none"> • Food related causes of ill health • Presenting Food • NEA 2 Mock
11	<ul style="list-style-type: none"> • NEA 1 • Food Investigation 	<ul style="list-style-type: none"> • NEA2 – Food Preparation • Revision of 5 core topics 	<ul style="list-style-type: none"> • Exam

Curriculum Overview – Food Prep and Nutrition- Bedlington.